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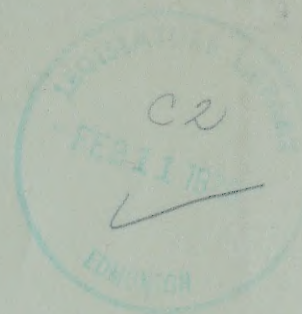
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ANNUAL REPORT

For the Year Ending

December 31st

1974



ALBERTA ALCOHOLISM AND DRUG ABUSE COMMISSION

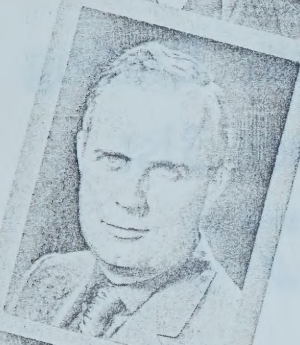
HON. NEIL CRAWFORD
Minister Health
and Social Development



CHARLES FYFE
Commissioner



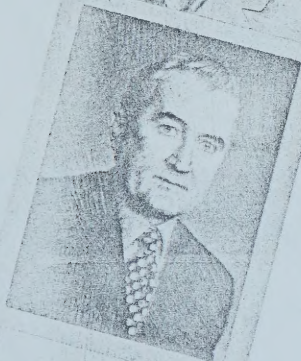
RICHARD ANTHONY
Chairman



DR. D. L. REES
Commissioner



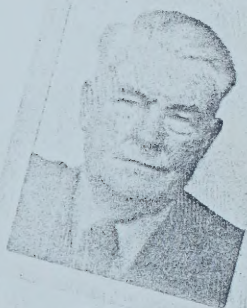
W. R. FULTON
Vice-Chairman



LOIS A. BILLINGTON
Commissioner



DR. PATRICIA EGLINSKI
Commissioner



JOHN C. GORMAN
Commissioner



R. A. LUNDRIGAN
Commissioner



The Alberta Alcoholism and Drug Abuse Commission (AADAC) is directed by an eight member government appointed citizens Commission, headed by chairman R. M. Anthony, which is responsible to the Minister of Health and Social Development.

EDMONTON, ALBERTA

January 28, 1975

TO HIS HONOR RALPH G. STEINHAUER

Lieutenant Governor

Sir:

I have the honor to present the Fifth annual report of Alberta Alcoholism and Drug Abuse Commission which covers the year ending December 31, 1974.

NEIL CRAWFORD.

Minister

December 31, 1974.

BOARD MEMBERS

R.M. Anthony, Chairman
L.A. Billington
Dr. P. Eglinski
W.R. Fulton
C. Fyfe
J.C. Gorman, Q.C.
R.A. Lundrigan
Dr. D.L. Rees

ADMINISTRATIVE PERSONNEL

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A.H. McMullen, Assistant Executive Director

PROVINCIAL

W.V. Armstrong, Budget and Finance Administrator
L.M. Blumenthal, Director of Programs
Dr. D. Fleiger, Co-ordinator Staff Training
R.L. Greig, Accountant
J. Liebrecht, Public Information Co-ordinator
G.T. Milne, Personnel Manager
Dr. R. Nutter, Administrator, Research and Evaluation
J.B. Parker, Director of Special Projects and I.D.P.
R.J. Ward, Administrative Services Co-ordinator

REGIONAL

N.J.S. Cowie, Regional Director, Lethbridge
J.A.S. Edwards, Regional Director, Edmonton
R.L. Graham, Regional Director, Red Deer
W.K. Henry, Regional Director, Northern Region
J.J. Quigley, Regional Director, Calgary

REHABILITATION CENTRES

W. Bazant, Director, Claresholm
J. Fishbourne, Director, Henwood

Report of the

Chairman

Alberta Alcoholism and Drug Abuse Commission.

To: The Honorable Neil Crawford,

Minister of Health and Social Development.

It is my pleasure to present the fifth annual report of the Alberta Alcoholism and Drug Abuse Commission.

During 1974 the Alberta Alcoholism and Drug Abuse Commission finalized many activities that were in the planning stages during the previous year. The opening of new facilities provided services directly to the individual who is in need of counselling and rehabilitation. This is exemplified by the Claresholm Rehabilitation Centre and the Calgary Renfrew Recovery Centre.

Programs are being offered in co-operation with other Government Departments, namely Solicitor General's, Attorney Generals, Highways, and Education.

The following is a brief outline of the activities of the Commission:

- Impaired Drivers' Program - operated in conjunction with the courts; was expanded to include eighteen communities in Alberta, and for the year 1974 there were over four thousand convicted impaired drivers referred to the centres administrating the program.
- Court Drug Program - was introduced this year in Edmonton as a pilot project wherein young convicted offenders are referred to an educational four week program, to assist them in better understanding the nature of drug abuse, and a follow-up referral program for those who seek treatment. Since August 15th, there has been 208 referrals to the program. It is planned to expand the program throughout the province during 1975 to the centres of Grande Prairie, Calgary, Red Deer, Lethbridge and Medicine Hat.
- Claresholm Treatment Centre - opened its doors in August, 1974 to provide a facility for residential treatment for sixteen patients on a 21 day program, primarily for those living in the southern part of the Province. As of December 31st, 1974, 129 patients had received treatment at this centre.
- Renfrew Recovery Clinic - With accommodation for upwards of thirty patients in September, 1974 for the purpose of providing detoxification facilities with a follow-up seven day in-patient program. This is the first

detoxification centre for the City of Calgary, and 396 patients have been treated as of December 31st, 1974 - average length of stay, 4.7 days.

- Indian Alcoholism Programming - was first commenced by the Commission in 1973, with the opening of Poundmaker's Lodge in Edmonton and the Detoxification Centre in Hobbema. It has now been extended to include thirteen native alcoholism programs located throughout the Province of Alberta. As of April 1st, 1975, all thirteen programs are expected to be in full-scale operation, providing in-patient treatment facilities for over one hundred native persons, with additional out-patient facilities, community counselling facilities and native alcoholism counsellor training facilities providing for the expanding needs of the program in future years. The agencies and groups which have been funded under this program, and the areas which they represent in the province are as follows:

Action North, High Level
Crowfoot Lodge, Calgary
Bonnyville Indian-Metis Rehabilitation Centre,
Bonnyville
Saddle Lake Drop-In Centre, Saddle Lake
Sputinow Counselling Services, Sputinow
Native Alcoholism Services, Calgary
Kainai Counselling Services, Standoff
Hobbema Detoxification Centre, Hobbema
Kehewin Tribal Counselling, Bonnyville
Poundmaker's Lodge, Edmonton
Nechi Institute, Edmonton
Stony Tribal Counselling, Alexis

D. Calliou (native alcoholism counsellor) - High
Prairie
Poundmaker Out-Patient Facility

- Court and Corrections Program - a comprehensive court and corrections program was first introduced in 1973 to provide counselling and treatment within the court and gaol setting for those persons charged or convicted of offences relating to alcohol and drug abuse. This program has been expanded from the pilot phase at Spy Hill Gaol to include all of the provincial correctional institutions, plus court counsellors assigned to work in conjunction with the provincial judges courts in Medicine Hat, Lethbridge, Calgary, Grande Prairie, Red Deer, Edmonton, St. Paul, Peace River, High Level and Fort McMurray.
- Misericordia Community Clinic and Detoxification Centre for the Treatment of Drug and Alcohol Addictions - will be commencing operation as of May 1st, 1975, and will be providing a community counselling setting for residents living in the west end of Edmonton. In addition, it will provide a proper clinical setting for the continuation of the drug withdrawal program presently operated by AADAC. The residential accommodation will provide additional opportunity to establish a diagnostic centre for referrals from the medical profession and hospitals for individuals who are in need of counselling or treatment, to assist in determining the nature of the treatment which they require, and their subsequent treatment in one of the

various other facilities operated by the Commission.

- Residential Farm Program, Alsike - in the early stages of development it will provide a rural residential setting for the indigent desocialized alcoholic, who requires a prolonged period of rehabilitation beyond the normal twenty-eight day program as provided for within most of the Commission facilities. This will accommodate his eventual return to the community through a program of job orientation and rehabilitation, aimed towards self-support. In the initial stages this facility will provide accommodation for approximately thirty patients, with provision for expansion as required.
- Three-Quarter Way House - to commence operation in Edmonton as of April, 1975, operated by the Jellinek Society to provide residential accommodation and supportive counselling services to those persons who have completed the initial stage of recovery and who are now attempting to become self-supporting through employment in the community. It is intended that residents of this facility will pay room and board from their earnings as a contribution towards offsetting the costs of this operation. It is anticipated that this facility should be self-sustaining within a year of its opening.
- Trinity Industries (Social Orientation Services), Calgary - received a substantial increase by way of fee-for-service

grant from the Commission for the year 1974-75. This will assist them in their services to the Calgary area by enlarging their job rehabilitation program and relocating their facility in a larger accommodation, to provide for a doubling of their existing patient intake.

- The Villa (Riverside Villa Association) - opened the doors to their new residential program for female alcoholics in August 1974 in accommodation provided to them by the Commission. Through the auspices of AADAC, they received a supporting fee-for-service grant to provide a twenty patient in-residence treatment program to serve the Calgary region.
- McDougall House - was successfully relocated with the assistance of the Alberta Alcoholism and Drug Abuse Commission in the year 1974 to their new location at 10830 - 111 Avenue, Edmonton. This society provides an in-patient treatment facility for female alcoholics and has provided such a service in the city for the past several years. The subsequent demolition of their original McDougall House to make way for the proposed W.Y.C.A. resulted in a crisis to the society, due to the fact that they needed alternate residential space, and this was provided for through the auspices of the Commission through a subsidy.
- Day Programming, Edmonton and Calgary - one of the

important new programs offered by AADAC, wherein facilities are provided to the unemployed, recovering alcoholic to recreate and to receive counselling during the working hours when they otherwise would be unoccupied. This will provide a suitable environment to encourage them to maintain sobriety and a base upon which they may eventually launch themselves back into the community as gainfully employed persons. In Edmonton this facility accommodates up to fifty persons a day. The facility in Calgary will provide similar accommodation and is scheduled to be opened April 1st, 1975.

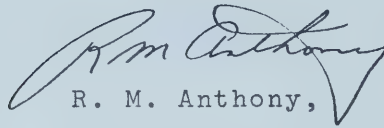
- AADAC has established a staff training and development program for their own personnel, which will provide for their educational upgrading and thus better services to the community; it will also enable counsellors on staff to advance themselves to higher levels of learning. This program is closely tied in to a scale for employee advancement, wherein employees are given the opportunity to perform to their utmost capability, depending only upon the degree of training and education they wish to accept as offered through this program. This is the first time in Canada that any commission or provincial agency has formally developed an in-service staff

training program with full opportunity for advancement, utilizing existing facilities, combined with in-service staff training. This should assure the Commission that their staff are receiving the benefits of the latest skills and techniques in counselling, to provide the most able services possible to the communities of Alberta.

In the preventive area several positive steps were taken. The Annual Summer School at the University of Calgary was well received and over subscribed. Plans are under way with the Department of Education in preparing curriculums to be offered at various grade levels in Alberta schools. A sub-committee of the Alberta Pharmaceutical Association has been established to coordinate and exchange information with the Commission. Senior personnel have been called upon to prepare and deliver presentations at various national and international conferences and symposiums regarding alcoholism and drug abuse. Members of the Commission staff were also involved in a national education survey which ultimately will lead to a program of information to be conducted by the Federal Government in the areas of alcohol and drug dependency.

- Research and Evaluation - during 1975 it is hoped that the present programs will be maintained, evaluated and revised where required.

In conclusion, the year through which we have passed has been one of difficulty but rewarding for myself and the Commission. In such circumstances it is gratifying to report that I received the energetic and enthusiastic support of our employees in meeting the many challenges which confronted us. I take great pleasure in again being able to record the appreciation of the Commission Board Members for this co-operation.

A handwritten signature in dark ink, appearing to read "R. M. Anthony", with a stylized, sweeping flourish at the end.

R. M. Anthony,

Chairman.

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CALGARY REGION:

CALGARY COMMUNITY SERVICES

The Community Services department of the Alberta Alcoholism and Drug Abuse Commission in Calgary is concerned with prevention of the abuse of drugs, including alcohol, and with trying to ensure that when problems relating to these substances become evident, individuals and organizations respond in a way that will lead to effective solutions. The department's programs involve consultation, training and education, the distribution of audio-visual and printed materials and the operation of a publicly accessible library.

The major program elements for Calgary Community Services in 1974 included the following:

- DEVELOPMENT OF A SERIES OF PUBLIC INFORMATION PAMPHLETS
- 1974 SUMMER SCHOOL ON ALCOHOL AND DRUGS

The Summer School is a training course for people whose work relates to the problems of addiction.

- NURSES WORKSHOP, "IT DEPENDS"

Co-operation between Calgary Community Services and the Schools of Nursing at the University of Alberta and the University of Calgary in co-sponsoring a workshop on "dependency."

- PROFESSIONAL SERIES

Community Services moved more strongly into the area of training for social welfare and mental health professionals by running two "Professional Series."

OUT-PATIENT TREATMENT SERVICES

Regular services offered by way of Out-Patient Treatment include:

- (a) Individual and Joint Counselling

Although this service is available to all persons experiencing drug dependency problems, alcohol is the primary intoxicant in at least 90% of the cases. Statistics indicate an increase of 25% for the year 1974 over the year 1973 for the number of individuals being counselled.

(b) Group Therapy

Emphasis on this form of treatment is increasing. Groups currently being conducted include a once-weekly morning wives group and a morning interaction group which meets daily Monday to Friday.

(c) Medical Services

An increase in the number of patients examined by the physician and going through Medical Intake corresponds with the overall increase of people coming for treatment.

(d) Information Series

This series of lectures on Alcohol and Alcoholism is presented on a weekly basis to patients and the general public.

Total attendance at the series in 1974 was 1053, an increase of 32% over 1973.

(e) Hospital Liaison

Staff involvement in hospital programs in city hospitals has increased. Counselling services for patients, consultation services for hospital staff, as well as training workshops have been provided.

RENFREW RECOVERY CLINIC

1974 saw the culmination of extensive planning and negotiating to establish a detoxification unit in the city of Calgary. On October 11, 1974 the Renfrew Recovery Clinic became operational and accepted the first patient.

The 35-bed live-in facility provides 24 male ward beds, 6 female ward beds, 3 acute care beds and 2 quiet room beds.

In addition, the facility includes: a kitchen equipped to serve 100 meals per day.

Patients treated

For period October 11, 1974 (operations commenced) to December 31, 1974.

Total Patients Admitted	438
*Assessed	167
TOTAL PATIENTS TREATED	605

Average length of stay of admitted patients 4.5 days

Total patient days	2,722.5 days
Cost per patient day	$\frac{42,004.38}{2,722.5} = \15.43

- * These are patients who are referred to Calgary General Hospital for acute care or after detoxification refuse admission. Up to a four-hour period is allowed for observation process before admission.

Crises Telephone Operations

(October 11/74 to December 31/74)

Total Number of Crises Calls	1896
Percentage of Calls handled without referral	87%
Other Calls; e.g. suicide, poison family referred to appropriate agencies	13%

CENTRAL REGION:

CENTRAL ALBERTA REGION

The AADAC Central Alberta Region now has coterminous boundaries with the three Public Health regions - Wetowka, Red Deer and Alberta East Central. This covers, geographically, Wetaskiwin on the north to Olds on the south and the provincial boundaries on the east and west. The estimated population figures are approximately 180,000. This includes the native population of Hobbema, with approximately 5,000 residents, and the O'Sunchild Reserves at Rocky Mountain House with approximately 1,000.

Rural-Urban Program Concept

This program is designed to meet expressed needs of communities in this region and to develop a delivery system for all AADAC services with emphasis on prevention, treatment and research.

Since the inception of this program some 18 months ago, we have developed part-time offices one to two days per week in Sylvan Lake, Eckville, Rocky Mountain House, Rimbey, Lacombe, Stettler, Olds, Innisfail, Trochu and Three Hills. The 38 surrounding communities are utilizing the regional counsellors from Red Deer and can thus relate more closely with AADAC services.

Treatment Programs

A total of 260 patients were seen in the Red Deer Clinic office and the area offices throughout the region. Of this number, 38% were returned patients and 62% were new patients. This involved 1,280 interviews. Approximately 22% of these individuals, either patients or collaterals. A total of 830 individuals were seen in group sessions.

Impaired Driving Program Court and Corrections

The I.D.P. program has been operating in Red Deer, Stettler and Castor. Twelve programs were completed during 1974, with 153 participants. AADAC counsellors are working in the courts at Red Deer, Rocky Mountain House, Lacombe, and on special request in some other court areas.

Industrial Programs

Treatment referrals are increasing from the Public Health industrial nurses, the Civil Service Association nurse and direct industrial referrals from employers and supervisors.

General Hospitals and Hospital Services Commission

AADAC has been working extensively in the region with administrators, nursing directors, hospital boards and the Hospital Services Commission. There are 22 general and municipal hospitals in this region as well as auxiliary hospitals and nursing homes.

Alcoholics Anonymous

A close relationship within the A.A. community has aided greatly in treatment and follow-up of patients.

Utilizing Community Agencies

Utilization of agencies within communities is a vital part of AADAC programming. This creates ties with individuals in the communities who understand the local needs.

Community Services Programs

In Central Alberta in the past year, we have provided:

(a) Educational Programs

The staff conducted 120 community programs with approximately 5,800 participants.

(b) Schools and Colleges

Rather than doing classroom presentations, we have been working with the teachers, principals and school counsellors to develop programs in Wetaskiwin and Red Deer, Olds and Rocky Mountain House.

(c) Medical, Para-medical and Hospitals

Seminars and workshops with nurses, nursing aides, orderlies and doctors have been held in Olds, Trochu, Three Hills, Innisfail, Red Deer, Rocky Mountain House, Eckville, Rimbey, Ponoka, Lacombe and several other centres. We have also been involved with Alberta Hospital Ponoka alcoholism program in referral and follow-up and have developed an in-service training program for the senior psychiatric nursing students.

(d) Specialized Programs

The above programs have been developed to assist the air cadet program at CFB Penhold - a co-operative program with the padres of the Base.

(e) Ministerial Groups

With the ministerial association in Central Alberta.

(f) Community Groups

Service clubs, church groups, women's clubs, etc.

The second major thrust in community services is in the area of agency contacts: 1,281 individual contacts representing 20 community agencies. These contacts include private and government agencies throughout the Central Alberta region.

Research Programs

We have had an increasing involvement in the past year. An example would be the research done on the training program for the senior psychiatric nurses at Alberta Hospital Ponoka, also the gathering of treatment research statistics.

EDMONTON REGION:

EDMONTON OUT-PATIENT CLINIC

The major aim of the Edmonton Out-Patient Clinic is to rehabilitate individuals who have alcohol or other drug problems and to stabilize the affected families.

A secondary focus is to educate other agencies and professionals in recognition of addiction problems at an early stage in order to deal more effectively with their own clients.

An estimated 1,454 staff hours have been spent in responding to professional and general public requests from across Canada and the United States for information about alcoholism treatment.

EDMONTON DRUG TREATMENT CLINIC

The Edmonton Drug Treatment Clinic continued during 1974 to offer programs of methadone maintenance and withdrawal for individuals who had been addicted to heroin.

A staff of eight, supplemented by four part-time employees, offer medical services, group therapy, individual counselling, arts and crafts and recreation programs for clients.

A total of 105 clients applied for evaluation or treatment of narcotic addiction during the year. Of these, 14 participated in counselling only and 90 had diagnosis confirmed by program assessment.

Treated by withdrawal - 35 Treated by Maintenance.

Successfully	28	Receiving additional forms of	
Unsuccessfully	6	treatment:	
Less than 20 years		Medical for other conditions	4
of age	1	Psychiatric	2
More than 20 years		Group therapy	14
of age	33	Individual counselling	12
		Social services	16
		Special programs	3

Of patients discharged during 1974, or in the program at time of reporting who were under continuous treatment for more than three months, 19 were employed and 15 were not employed.

The Edmonton Drug Treatment Clinic is working with the Non-Medical Use of Drugs federal directorate to fund a follow-up worker, which would facilitate evaluation of the program and maintain client contact.

A move to premises in the Misericordia Hospital is anticipated during 1975 when clients on methadone withdrawal or maintenance programs will be assimilated into a general treatment program for alcohol and other drug abusers.

COMMUNITY SERVICES

The Edmonton Community Services has the primary goal of creating responsibility in the use of drugs. This goal is hoped to be realized through public education techniques which would be directed towards schools, business and industry, community organizations, professional organizations, helping agencies and community development.

Program

Two or more lectures to the same population, or a representation which lasts greater than three hours.

Lectures

Any single presentation lasting from one to three hours.

Pamphlet Distribution

Any request by letter or telephone for written materials.

Professional Groups

Any existing recognized professional group; e.g. doctors, teachers, etc., or staff of a helping agency; e.g. Chimo, or students at the post Grade XII level; e.g. NAIT, A.V.D., U. of A, Grant MacEwan.

Industry

Any business or industrial setting which receives actual seminars, policy development or consultation sessions.

Educational Institutions

This category includes all students from the Grade I - XII level.

MONTH	Professionals		Industry		Educational Inst.		Community	
	Urban	Rural	Urban	Rural	Urban	Rural	Urban	Rural

Lectures:

Totals:	34	4	6	1	113	14	40	10
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Total number of lectures = 222

Number of individuals in attendance = 6,379

Additional to the lecture area were a number of displays and media appearances.

Programs:

Totals:	11	7	4	9	9	6	11	4
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Pamphlet Distribution:

Totals:	95	226	8	7	57	293	159	196
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Total number of pamphlet requests = 1,041

INTOXICATION RECOVERY CENTRE

Total admissions to the Intoxication Recovery Centre for 1974 was 2,427.

Re-Admission Program Modification

Commencing in November 1974, a modification of the admission process was implemented to better accommodate the needs of both repeater and non-repeater clients, without denying any client the detox services of I.R.C.

It appears this system has freed up more beds for the "first timer," has enabled the counsellors to zero in on a more rehabilitative-minded group, and generally comes closer to supplying the needs of differently motivated clients.

Research

Under separate cover Dr. R.W. Nutter has supplied an analysis of data collected both by his staff and staff at I.R.C.

EDMONTON DAY CLINIC

The Day Clinic continued to offer its services to a distinct type of client, the lower socio-economic alcoholic without a stable work history, home or family.

LETHBRIDGE REGION:

Lethbridge region focussed on community services involvement during 1974, with a total 2,649 participants in various workshops and seminars.

Categories were as follows:

Medical and paramedical	114
Business and industrial	199
Schools	1,314
Religious organizations	134
Miscellaneous	888

Educational literature distribution = 21,985 pieces

Approximately 500 persons were exposed to AADAC services at a Community Organization Day in Claresholm.

A total of 204 clients utilized AADAC treatment services during 1974.

At the Lethbridge Correctional Institute from May to December 1974, a total of 574 individual counselling sessions were held, with 1,871 involved in group sessions.

Impaired Drivers Programs were attended by 286 persons in the region.

The Medicine Hat sub-office had 320 individual counselling sessions and 986 persons were involved in the Community Services activities.

NORTHERN REGION:

The Northern Region is attempting to respond to many expressions of concern about alcohol abuse problems from cities and towns of Northern Alberta and from the native population in the North.

Many chiefs, band councils, reserves and Metis colonies view alcohol abuse as a major factor in social problems and requested during 1974 assistance in seeking solutions for their difficulties.

Because of the geographical nature of the region, and the present limited number of personnel, counsellors in each office must try to fill several roles.

At the beginning of 1974, there were five offices operating in the Northern Region with 1 counsellor in each. At December 31, 1974, there were 7 offices located in various northern centres to provide AADAC services.

Impaired Driver's Programs were initiated during 1974 throughout the northern region, including the centres of Grande Prairie, High Prairie, Slave Lake, Peace River, High Level, Valleyview, Fort McMurray, St. Paul, Bonnyville, Lac la Biche and Westlock.

A unique program was established in Peace River, with the AADAC counsellor working out of the Peace River Correctional Institute. Seventy per cent of the inmates are incarcerated for alcohol-related offences.

AADAC TREATMENT CENTRE - CLARESHOLM

In 1974 AADAC commenced operation of a second in-patient centre, offering residents in the southern part of the province additional treatment services for alcoholism and other addictions.

The sixteen-bed facility located on the grounds of the Claresholm Care Centre was built by modular design at a cost of \$110,000. It became functional immediately following completion on July 15, 1974. Presently known as the AADAC Treatment Centre, Claresholm.

Admission to the Centre is on a referral basis. Of 147 clients treated between July 15 and December 30, 1974, a majority have arrived from Lethbridge, Calgary and Medicine Hat.

To date, subjective feedback has indicated considerable success in meeting public demand for this type of treatment.

A growing waiting list indicates a minimal requirement of ten additional beds, plus the expansion of active treatment areas at the Centre.

The necessity for alternate forms of treatment as related to each client and their choice of life styles is recognized and actioned upon by the AADAC counsellors.

HENWOOD:

Treatment Services

Admissions - 673, a total of 14,555 patient days, of which 13,062 were the responsibility of Alberta Hospital Benefits Plan. Of the remainder, 1,326 days were billed to other provinces; 94 to the Federal government and 44 to the Workers' Compensation Board. Uninsured Alberta residents accounted for the remaining 28 days.

Community Services

Training Courses - During the year, 51 sections of the Henwood Community Services Training Course were offered to 370 participants: student nurses, nurse practitioners, parole and probation officers, social workers, correctional institute employees, et al.

Special Programs - A variety of seminars, work-shops and other training experiences were offered throughout the year, for industrial groups, Workers' Compensation Board staff, native groups and others seeking information or expertise on drug abuse and methods of dealing with it.

At the request of the Canadian Armed Forces, a special 3-week course was organized for Armed Forces alcoholism counsellors.

Courts, Alberta Impaired Drivers Program and Corrections

The AADAC Courts and Corrections are in the process of change by expanding the services to all Correctional Institutions and to all the Alberta centres that are serviced presently by the Attorney-General's and Solicitor-General's departments. The A.I.D.P. will be given in rural communities and all correctional institutions will have an AADAC staff member covering one-to-one and group counselling, plus Alcohol and Drug Education programs.

COURTS, CORRECTIONS AND IMPAIRED DRIVING PROGRAMS

The staff in Edmonton held sixteen courses of four lectures per course, handling 797 persons on the Impaired Driving Program. There were 270 referrals to our AADAC facilities and 406 referrals to the Alberta Safety Counsel for further education and training. Working in conjunction with the Attorney-General's and Solicitor-General's Departments, a drug education program commenced during the month of September. There were 208 persons placed on probation, of which 114 completed the four lessons with 53 partially completing, of which 18 were referred for further treatment to our AADAC clinic. The City of Edmonton Court Counsellors interviewed 1,146 persons on the request of the Crown Prosecutor, Judges, or Defence Counsel and referred 34 to Henwood In-Patient Treatment Centre, 77 to out-patient care and 5 to the Edmonton Intoxication Recovery Centre.

The Fort Saskatchewan Gaol counsellors spoke to 1,128 inmates on a one-to-one basis and 774 in group therapy. Calgary City held fifteen courses of Impaired Driving Programs, handling 400 impaired drivers. The Calgary Correctional Institute, AADAC staff of two, saw 2,235 inmates one-to-one and 1,546 inmates in a group discussion level. The Lethbridge Correctional Institution counsellor interviewed 574 inmates one-to-one and 1,871 inmates for group discussion. Peace River Correctional Institute counsellor commenced August 1974, interviewed 261 inmates one-to-one and 270 on a group discussion basis.

Impaired Driving courses were held in sixteen centres throughout Alberta with a total of 1,241 completing the Alberta Impaired Driving Program courses in the above centres during the year 1974.

RESEARCH AND EVALUATION:

This section has province-wide responsibility for providing objective data, basic scientific information, and informed opinion which will function as an important basis for decision making within and outside of AADAC. The functioning of the Research and Evaluation Section is directed toward the achievement of more effective and efficient utilization of resources in programs of research, treatment, education and prevention.

Informal research reports have been issued concerning the functioning of the four major classes of programs. Research notes are also published in every issue of RAPPORT.

The Section co-operates closely with the AADAC Library in acquiring and disseminating scientific information to other AADAC programs and co-operating agencies and individuals.

RECOVERY ACRES:

This program is devised with the following assumptions to provide:

1. A rehabilitation home is a supervised residence for those who are afflicted with alcoholism or drug addiction that is available to individuals during a transitional phase while going to or coming from a treatment, rehabilitation, or correctional centre.
2. The basic reason for the existence of Recovery Acres House or Centre is because an individual is unable to function on his own in society, does not have the necessary financial resources to function, or is unsure of himself to the point he needs some basic counselling about his alcoholism or drug problem.

In all cases, it should be emphasized that counselling, A.A. involvement, house duties, workshop participation, arts and crafts participation, are components of the total program. The total program should be aimed at allowing the individual to become independent and able to function on his own after having undertaken the aspects or components of the program which are applicable to his need.

AADAC
Budget
and
Appendix
of Statistics

THE ALBERTA ALCOHOLISM AND DRUG ABUSE COMMISSION

BALANCE SHEET

AS AT MARCH 31, 1974

(with comparative figures)

<u>ASSETS</u>			<u>LIABILITIES</u>		
	<u>1974</u>	<u>1973</u>		<u>1974</u>	<u>1973</u>
Current:			Current		
Cash	\$ 3,954	\$ 7,830	Deferred Revenue	\$ 3,954	\$ 8,330
Accounts receivable	501,216	14,017	Finance contract payable	16,068	13,501
Materials & supplies	47,402	57,032	Due to Province of Alberta	532,550	57,048
	<u>552,572</u>	<u>78,879</u>		<u>552,572</u>	<u>78,879</u>
Fixed:			Capital surplus	102,825	41,793
Furniture & equipment, at cost	120,885	48,634			
Less: Accumulated depreciation	18,060	6,841			
	<u>102,825</u>	<u>41,793</u>			
Trust:			Trust:		
Cash	-	40,000	Grant payable	-	40,000
	\$655,397	\$160,672		\$655,397	\$160,672
	=====	=====		=====	=====

CONSOLIDATED STATEMENT OF REVENUE AND EXPENDITURES

YEAR ENDED MARCH 31, 1974

<u>REVENUE</u>	<u>1974</u>		<u>1973</u>	
	Henwood Inpatient Facility	Clinics and Other	Total	Total
Contributions by the Province of Alberta	\$657,723	\$2,478,692	\$3,136,415	\$1,731,689
Government of Canada	-	548,816	548,816	84,620
Patients' charges	54,992	-	54,992	45,247
Alberta Health Care Insurance Commission	-	44,068	44,068	61,207
Meals and seminars	15,946	1,041	16,987	12,374
Miscellaneous	<u>132</u>	<u>3,325</u>	<u>3,457</u>	<u>3,553</u>
	<u>728,793</u>	<u>3,075,942</u>	<u>3,804,735</u>	<u>1,938,690</u>
EXPENDITURE				
Salaries and administrative expenses	680,756	2,536,981	3,217,737	1,762,408
Excess of revenue over expenditure	\$ 48,037	\$ 538,961	586,998	176,282
Add: Unremitted balance at beginning of year	=====	=====	57,048	77,534
			644,046	253,816
Deduct: Remittances to the Province of Alberta			<u>111,496</u>	<u>196,768</u>
Balance due to Province of Alberta			<u>\$ 532,550</u>	<u>\$ 57,048</u>
			=====	=====

AUDITOR'S REPORT

I have examined the balance sheet of The Alberta Alcoholism and Drug Abuse Commission as at March 31, 1974 and the statements of capital surplus and operations for the year then ended. My examination included a general review of the accounting procedures and such tests of accounting records and other supporting evidence as I considered necessary in the circumstances.

In my opinion these financial statements present fairly the financial position of the Commission as at March 31, 1974 and the results of its operations for the year then ended, in accordance with generally accepted accounting principles applied on a basis consistent with that of the preceding year.

ALBERTA ALCOHOLISM AND DRUG ABUSE COMMISSION

Statistical Report for 12 months ended
December 31, 1974, except where indicated

CASELOAD

	<u>New Patients</u>		<u>Returned Patients</u>		<u>Patients Total</u>	<u>Relatives & others</u>		<u>TOTAL</u>	
	<u>Male</u>	<u>Female</u>	<u>Male</u>	<u>Female</u>		<u>Male</u>	<u>Female</u>	<u>1974</u>	<u>1973</u>
Calgary Correctional Inst.	220		101		321			321	151
Calgary I.R.C.	374	64	4		442	129	11	582	NIL
Calgary out-patient	277	82	177	50	586	8	105	699	730
Calgary Half-Way House	141		11		152			152	43
Claresholm	75	14	20	3	112		17	129	NIL
Edmonton I.R.C.	330	70	417	53	870			870	598
Edmonton Half-Way House	177		20		197			197	74
Edmonton Day Clinic	458	160	1,061	94	1,773		9	1,782	1,827
Edmonton out-patient	679	198	474	110	1,461	63	409	1,933	4,392
Henwood	457	123	67	28	675	47	168	890	701
Lethbridge Corr. Inst.	100		6		106			105	NIL
Lethbridge out-patient	49	11	3		63	1	4	68	100
Fort McMurray	53	13	1	1	68		10	78	NIL
Grande Prairie	42	16	38	8	104	2	22	128	NIL
Medicine Hat	14	2			16			16	NIL
Peace River	97				97			97	NIL
Slave Lake	5	3	2		10	1		11	NIL
St. Paul	31	1		1	33	2	13	48	NIL
Red Deer	92	29	39	8	168	5	67	240	450
TOTAL	3,671	786	2,441	356	7,254	258	835	8,347	9,066

* Calgary Half-Way in 1973 figures are September to December, 1973
 Claresholm figures are July to December, 1974
 Lethbridge Corr. Inst. figures are May to December, 1974
 Edmonton I.R.C. figures are August to December, 1974
 Edmonton Half-Way figures are September to December, 1973
 Nil in 1973 not in operation

COUNSELLING INTERVIEWS

	<u>Individual</u>		<u>Joint</u>		<u>TOTAL</u>	
	<u>Patients</u>	<u>Patients & others</u>	<u>Patients</u>	<u>Relatives & others</u>	<u>1974</u>	<u>1973</u>
Calgary Correctional Inst.	2,231				2,231	2,643
Calgary I.R.C.	1,053				1,053	1,935
Calgary out-patient	3,074	212	193		3,479	NIL
Calgary Half-Way House	1,610	13	1		1,624	NIL
Claresholm	446	74	17		537	NIL
Edmonton I.R.C.	3,984	436			4,420	NIL
Edmonton Half-Way House	245				245	98
Edmonton Day Clinic	2,478	34	15	10	2,556	998
Edmonton out-patient	5,266	832	509	57	6,664	5,904
Henwood						NIL
Lethbridge Correctional Inst.	583	29			612	NIL
Lethbridge out-patient	196	18	16	4	234	160
Fort McMurray	376	187	11	5	579	45
Grande Prairie	188	40	2		230	NIL
High Prairie	11	5	4		20	NIL
Medicine Hat	134	41	11	3	189	NIL
Peace River	484	12			496	NIL
Slave Lake	28	19			47	NIL
St. Paul	109	64	12	12	197	NIL
Red Deer	766	366	135	22	1,289	985
TOTAL	23,262	2,382	926	113	26,702	12,768

* Claresholm figures are July to December, 1974
 Lethbridge Corr. Inst. are May to December, 1974
 Edmonton I.R.C. figures are August to December, 1974
 Edmonton Half-Way figures in 1973 are September to December, 1973
 NIL in 1973 not in operation

MEDICAL INTERVIEWS

	<u>Doctor-Patients</u>	<u>Nurse-Patients</u>	<u>Total 1974</u>	<u>Total 1973</u>
Calgary I.R.C.		1,566	1,566	NIL
Calgary out-patient	275	1,814	2,089	2,771
Calgary Half-Way House	21	131	152	NIL
Claresholm	177	527	704	NIL
Edmonton I.R.C.		2,380	2,380	NIL
Edmonton out-patient	643	4,675	5,318	5,706
Edmonton Day Clinic				611
Edmonton Half-Way House	53		53	15
Henwood	1,617	3,198	4,815	NIL
Fort McMurray	4	4	8	NIL
Red Deer	107	97	204	NIL
TOTAL	2,897	14,392	17,289	9,103

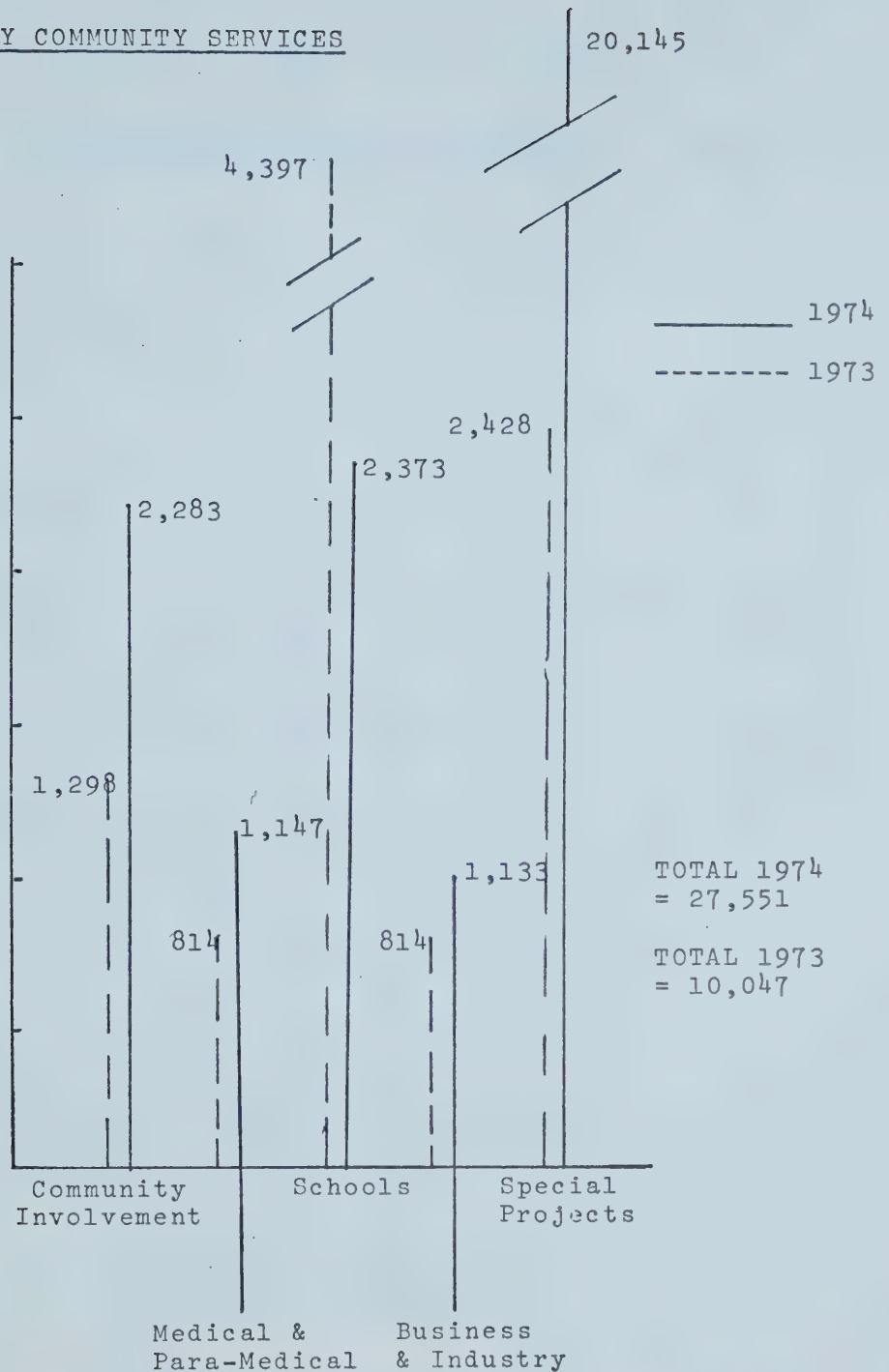
* Fort McMurray figures are June to July, 1974
 Claresholm figures are July to December, 1974
 Edmonton I.R.C. figures are August to December, 1974
 Edmonton Half-Way House figures in 1973 are September to December, 1973
 NIL in 1973 not in operation

GROUP THERAPY

	<u>Patients</u>	<u>Relatives & others</u>	<u>TOTAL</u>	<u>No. of Sessions</u>	<u>Total attendance at Session 1974</u>	<u>1973</u>
Calgary Corr. Inst.	664		664	178	1,467	3,074
Calgary I.R.C.	442	1,218	1,660	164	8,428	NIL
Calgary out-patient	1,200	187	1,387	322	3,823	392
Calgary Half-Way House	288	355	643	358	2,699	NIL
Claresholm	118	37	155	610	1,968	NIL
Edmonton I.R.C.	850		850	104	2,216	NIL
Edmonton Half-Way House	196	26	222	96	1,101	135
Edmonton Day Clinic	1,941	14	1,955	375	7,827	1,180
Edmonton out-patient	1,444	832	2,276	419	6,532	1,966
Henwood	701	263	964	5,987	20,475	NIL
Lethbridge Corr. Inst.	259		259	183	2,002	236
Fort McMurray	150	101	251	76	1,402	NIL
High Prairie	24	62	86	14	123	NIL
Peace River	64	1	65	25	284	NIL
Red Deer	143	93	236	28	578	NIL
TOTAL	8,484	3,189	11,673	8,939	60,925	6,983

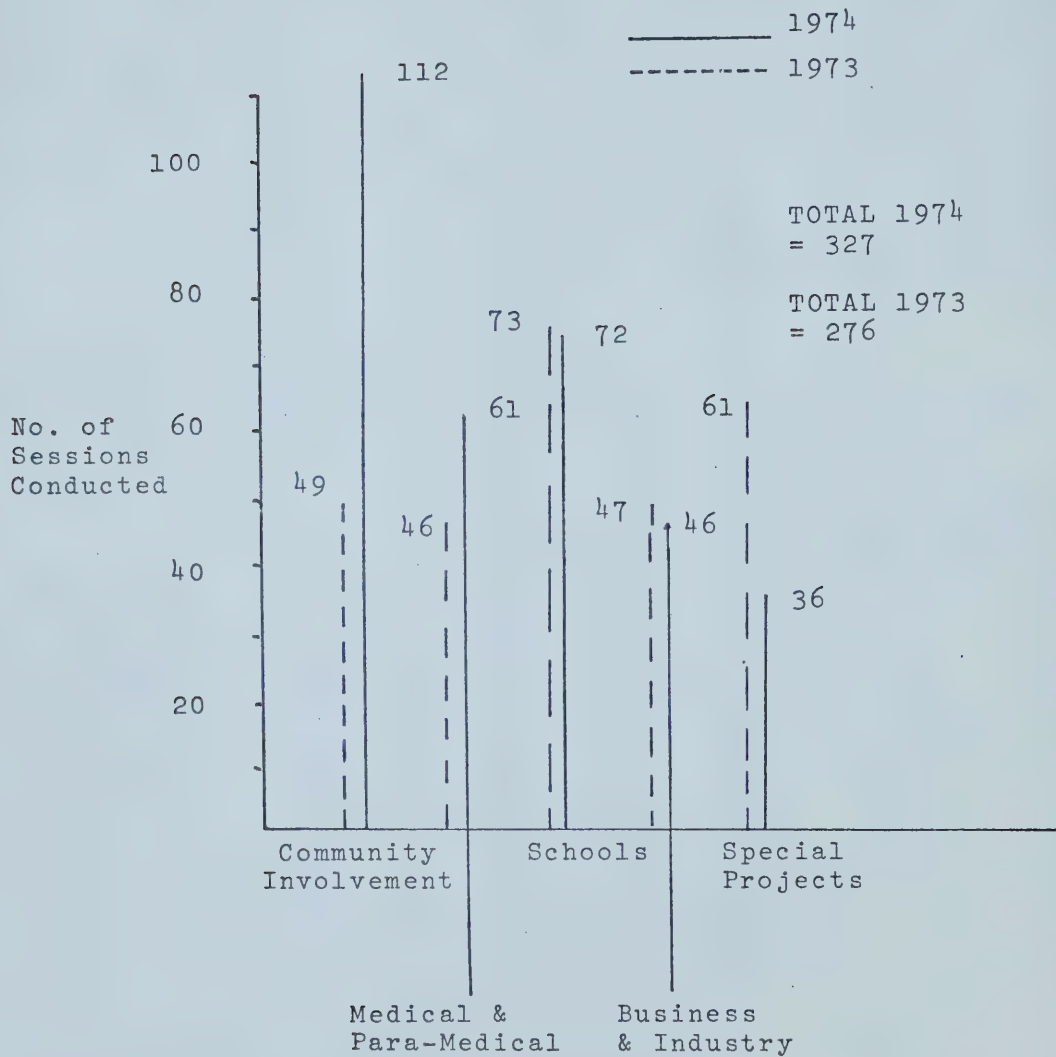
* Claresholm figures are July to December, 1974
 Lethbridge Corr. Inst. figures are July to December, 1974
 Edmonton I.R.C. figures are August to December, 1974
 Edmonton Half-Way in 1973 are September to December, 1973
 NIL in 1973 not in operation
 Edmonton out-patient treatment shifted from Caseload to Group Therapy

CALGARY COMMUNITY SERVICES



These figures represent only face to face contacts, and do not include people contacted through the public media or through audio-visual or printed material produced by the Community Services department and distributed publicly.

CALGARY COMMUNITY SERVICES



RED DEER - COMMUNITY SERVICES

	Interviews with Patients	Speaking Engagements	Discussion with Staff of other Agencies	Industrial Referrals	
MONTH	<u>No. of Sessions</u>	<u>No. of Patients</u>	<u>No. of Sessions</u>	<u>No. of Patients</u>	
January	1	3	3	78	20
February	4	29	7	79	
March	2		8	88	22
April	8		14	47	12
May	8	56	11	73	25
June	7	35	7	63	25
July	9	59	2	57	22
August	8	28	2	52	21
September	10	25	4	81	14
October	8	39	9	57	25
November	10	37	9	61	15
December	11	45	13	41	15
	86	356	89	777	216

EDMONTON-COMMUNITY SERVICES

	<u>PROFESSIONALS</u>		<u>INDUSTRY</u>		<u>EDUCATIONAL INST.</u>		<u>COMMUNITY</u>	
	<u>Urban</u>	<u>Rural</u>	<u>Urban</u>	<u>Rural</u>	<u>Urban</u>	<u>Rural</u>	<u>Urban</u>	<u>Rural</u>
Program	11	7	4		9	6	11	4
Lecture	34	4	6	1	113	14	40	10
Pamphlet Distribution	95	226	8	7	57	293	159	196

* Total Programs = 52

Total number of lectures = 222

Number of individuals in attendance = 6.379

Total number of pamphlet requests = 1.041

EDMONTON DRUG TREATMENT CLINIC

JANUARY TO DECEMBER, 1974

Clients in active treatment	Male	332
	Female	369
Average number of weeks employed		2.38
Number of clients employed		244
Individual Counselling		371
Group Therapy		1
Average number of interviews per client		3.76

COURTS, CORRECTIONS AND IMPAIRED DRIVING PROGRAMS, 1974

IMPAIRED DRIVING PROGRAM

	<u>Patients</u>	<u>Referrals to AADAC</u>	<u>Referrals to Alberta Safety Counsel</u>
Edmonton	797	270	406
Calgary	400		
Alberta (16 places)	1,241		
TOTAL	2,438	270	406

DRUG EDUCATION PROGRAM (September to December 31, 1974)

	<u>Probation</u>	<u>Completed Course</u>	<u>Completed Course</u>	<u>Referred to AADAC</u>
Edmonton	208	114	5	18

COUNSELLING INTERVIEWS

	<u>Patients</u>	<u>Referred to Henwood</u>	<u>Referred to put-patients</u>	<u>Referred to I.R.C.</u>
Edmonton	1,146 <u>one-to-one group</u>	34	77	5
Fort Saskatchewan	1,128	774		
Calgary Corr. Inst.	2,235	1,546		
Lethbridge Corr.Inst.	547	1,871		
Peace River Corr.Inst.	261	270		

PROJECTS AND PROGRAMS FUNDED BY AADAC

Poundmaker's Lodge

Total Residents	199
Treaty	170
Non-Treaty	29
Female	40
Male	159

Receiving Public Assistance

Yes	90
No	109

Community Treatment Out-Patient Clinic (October-December)			
Group sessions	5	one-to-one session	203
Meeting attendance	257		

Poundmaker's Lodge is a 28 day treatment and rehabilitation centre operated by natives. The Lodge has been in operation since September, 1973 and to date has a success rate of 58%. In August, 1974 an out-patient clinic was implemented.

Hobbema Detoxification Centre

Total Residents 1974	1,525	Total Day Stay =	3,995
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Counselling Service

Meetings & Groups	
and one-to-one	120
Meetings attendance	2,117

The Hobbema Detoxification Centre is open to all four band members; Ermineskin, Samson, Louie Bull and Montana. The centre provides a one-week treatment program for natives, operated by natives. The centre's objective is to assist natives with a drinking problem through the rehabilitation programs on the reserve. Counselling and follow-up programs are performed by the Tribal Counselling Out-Patient Service.

THE RIVERSIDE VILLA ASSOCIATION

Total Residents	136	Total Day Stay	2,553
Group Sessions	756	Attendance at sessions	1,034

The Villa offers a recovery program for women who have developed a dependency on alcohol. The Villa has 18 rooms and is centrally located in Calgary. The treatment program is for 28 days for women who require a period of intensive therapy.

Native Alcohol Services

Counselling Service

Meetings - Groups	37 - attendance	370
Counselling one-to-one	181	

The Native Alcohol Service is the first native out-patient clinic funded by AADAC. The clients are referred to rehabilitation centres for alcoholics. Also the clients are referred to Native Alcohol Service for follow up to provide assistance to those who are in need of further counselling.

Action North Recovery and Recreation Centre

Resident Clients	24
Contacted	1,127
Counselled by Telephone	59
Hospital visits	39
Counselled at Centre	429
(For the period April 24 to November 30/74)	

Action North Recovery and Recreation Centre, the first in the North is located in the New Town of High Level, Alberta. It is a non-profit organization registered under the Societies Act of Alberta. Action North is an in-patient treatment centre primarily active in alcoholism rehabilitation and community recreation. Memberships are primarily from within the communities that the Centre serves. A Board of Directors are elected from the general membership. There are qualified workers on staff at the centre and on duty at all hours.

Nechi Institute on Alcohol and Drug Education

The Nechi Institute is the first native educational centre providing a training program for Native Alcoholism counsellors and administrators. Nechi is attempting to develop knowledge skills and community programs about drugs, alcohol, physiological, psychological and social cultural aspects. Nechi became incorporated in July, 1973 and the first class of 22 natives alcoholism counsellors attended classes held at Grant MacEwan Community College.

Social Orientation Services

SOS, an amalgamation of Mutchmor Place men's residence and Trinity Industries, is funded partially by AADAC. The facility attempts to equip male and female alcoholics with basic psychosocial behaviors which will enable them to function off skid row. At SOS, recovering alcoholics work at a variety of semi-skilled jobs in a sheltered workshop; manufacture goods, refinish and repair furniture and other hardware for resale and operate a retail sales outlet. The program has been expanded to provide treatment up to 40 persons in vocational training, counselling and individual and group therapy.

Alberta

- ◆ ADMINISTRATION
- REGIONAL OFFICE
- ▲ CLARESHOLM
- ▼ COMMUNITY SERVICES
- COMMUNITY OUTREACH COUNSELLING
- ◇ COURTS AND CORRECTIONS
- DAY CLINIC
- △ DRUG TREATMENT CLINIC
- ▽ GAOLS
- HALF WAY HOUSE
- ★ HENWOOD
- ✱ IMPAIRED DRIVING PROGRAM
- ✱ INTOXICATION RECOVERY CENTRE
- ✱ OUT-PATIENT CLINIC
- ✱ FUNDED PROJECTS
- ✱ SPECIALIZED PROGRAMS FOR NATIVES

- 1 NORTHERN REGION*
- 2 EDMONTON REGION**
- 3 RED DEER REGION
- 4 CALGARY REGION
- 5 LETHBRIDGE REGION

* Regional Director
located in Edmonton

** AADAC Administration
located in Edmonton



ALBERTA ALCOHOLISM and
DRUG ABUSE COMMISSION

